1. What products do they create on the portal?

Azure File Sync, storage account, File Share

1. When they setup the storage account, what performance do they recommend and why?

They recommend the standard performance because it’s a general-purpose file Share. If you only do azure file sync you are totally fine with standard

1. What file share quota size do they give in for their example? Why?

They don't give one at all and say in most cases it is not needed.

1. What cloud tiering percentage did they give? Why?

They keep 20§ of there disk space free so users can operate and can create new files